

A Matter of Balance 2016

Northeastern Senior Community Center

131 Center Street

Mt. Wolf, PA

July 11 to August 29, 2016

Classes are held on Mondays from 12:00 PM – 2:00 PM

To register call the Northeastern Senior Community Center, 266-1400

York Township Park Building

25 Oak Street

York, PA

August 3 to August 29, 2016

Classes are held on Monday and Wednesday mornings from 10:30 AM – 12:30 PM

To register call the York County Area Agency on Aging, 852-4902, ext. 248

West Manchester Township Building

380 East Berlin Road

York, PA

September 6 to September 29, 2016

Classes are held Tuesday and Thursday afternoons from 1:00 PM – 3:00 PM

To register call the York County Area Agency on Aging, 852-4902, ext. 231

Bob Hoffman YMCA

1705 Palomino Road

Dover, PA

September 7 to October 26, 2016

Classes are held on Wednesdays from 9:30 AM – 11:30 AM

To register call Reda Willis, 851-3082

WellSpan Neurology Office (Conference Room)

228 St. Charles Way, Suite 200

York, PA

September 12 to November 7, 2016

Classes are held on Mondays from 9:30 AM to 11:30 AM

To register call Reda Willis, 851-3082

York Township Park Building

25 Oak Street

York, PA

September 21 to October 17, 2016

Classes are held on Monday and Wednesday mornings from 10:30 AM – 12:30 PM

To register call the York County Area Agency on Aging, 852-4902, ext. 231

Zion View Community Building

140 Copenhaffer Road

York, PA

October 4 to October 27, 2016

Classes are held on Tuesday and Thursday mornings from 10:00 AM – 12:00 PM

To register call the York County Area Agency on Aging, 852-4902, ext. 231

York Township Park Building

25 Oak Street

York, PA

October 26 to November 21, 2016

Classes are held on Monday and Wednesday mornings from 10:30 AM – 12:30 PM

To register call the York County Area Agency on Aging, 852-4902, ext. 231